

	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6
Breakfast	A selection of Cereals or Toast	A selection of Cereals or Toast	A selection of Cereals or Toast	A selection of Cereals or Toast	A selection of Cereals or Toast	A selection of Cereals or Toast
Dinner	Spaghetti Bolognese with seasonal vegetables	Sausage roll/Pasty, chips and baked beans	Jacket potato with a choice of filling and side salad	Fish Cakes, New Potatoes and a selection of Vegetables	Sausage, mash, seasonal vegetables and gravy	Chilli Con Carne with rice, carrots & cucumber
	A selection of fruit will be available after dinner					
	Day 7	Day 8	Day 9	Day 10	Day 11	Day 12
Breakfast	A selection of Cereals or Toast	A selection of Cereals or Toast	A selection of Cereals or Toast	A selection of Cereals or Toast	A selection of Cereals or Toast	A selection of Cereals or Toast
Dinner	Macaroni cheese with seasonal vegetables	Roast dinner with roast potatoes & seasonal vegetables	Chicken Curry & Rice	Pasta bake with grated cheese, garlic bread & seasonal vegetables	Mediterranean Chicken & Rice	Cottage pie with seasonal vegetables
	A selection of fruit will be available after dinner					